

# IN-DEY-GO

Frozen Muffin Dough



## Choose from **6** fabulous flavours!

Imagine enjoying a fresh-from-the-oven muffin with your morning coffee, at home or at work. Or offering fresh-baked muffins to the kids after school. All without having to mix a single ingredient. How is this possible? With healthy In-Dey-Go Muffin Dough....that's how!

### Honey Raisin Bran

Deliciously moist muffins made with honey, raisins, buttermilk and bran.

### Rise and Shine

A great way to start your day. This muffin is chock full of healthy ingredients such as raisins, zucchini, carrots and walnuts.

### Cranberry Oatmeal

A delicious blend of oatmeal and cranberries with a hint of spice makes this one of our all time favourites.

### Apple Cinnamon Spice

Fresh granny smith apple chunks mixed with cinnamon and spice. Guaranteed to put a smile on your face.

### Chocolate Chip Banana

Kids love this muffin. A great alternative for an after school snack or as a lunch box treat.

### Blueberry Banana

A blueberry classic. Heaping amounts of fresh blueberries combined with banana make this a hit with the kids and adults in your family.

Trans Fat Free  
No preservatives added  
Not available in stores  
Comes packaged in a 3 lb tub



Each tub makes 24 muffins  
Just thaw, scoop and bake-delicious  
gourmet muffins in minutes

